

Prize Descriptions/Rules

A. 5-K Walk Grand Prizes, Rules: 5-K Walkers must raise \$300 minimum to be eligible to win grand prizes! First choice goes to the 5-K Walker who turns in the most donations by 4:30 p.m. Friday, Oct. 14th.

GRAND PRIZES

- ◆ IPAD2
- ◆ 32" Flat Screen Television Set
- ◆ Branson get away! 2 Night stay accommodations at the Westwood Inn in Branson and \$100 Visa gift card & two donated complimentary show-pass for two. Please note* Travel expenses not included.
- ◆ \$200 Visa Gift Card
- ◆ \$100 Wal-Mart Gift Card

ALL WALKERS RAISING \$600 OR MORE WILL EACH WIN \$100

B. Additional 5-K/Run & Mini-Walk Incentive Gifts, Rules: 5-K walkers must raise a minimum of \$50 by 4:30 p.m. Oct. 14th to be eligible to win the following prizes. Once again, first choice for these prizes goes to walkers who raise the most donations over the \$50 minimum donation.

Incentive gifts provided by: Branson Variety Theatre, Silver Dollar City, Dixie Café, Bosco's, The Fish House, The Sporty Runner, Murray's Dinner Playhouse, Zaxby's, Belk, Centennial Valley Country Club, Papa John's, Ace Hardware, and many more!!!

Free Refreshments will be available before, during and after the walk!

Our Major Sponsors

The Nichols Family

Kimberly-Clark La Moderne Club
In Honor of Kathy Barnes In Memory of Bill Taylor

Conway Human Development Center

VOLUNTEER COUNCIL



Breakin' ground.....to cross the finish line
Saturday, October 1st

8 a.m.

Emceed by Rick Steel!



Conway Human Development Center
 Volunteer Council
 150 East Siebenmorgen
 Conway, AR 72032-4000
 501-329-6851, ext. 319 or 370

Why is the Walk Held?

This year is the CHDC Volunteer Council's 29th Annual Walk-A-Thon & Mini Walk. It will take place on Saturday, Oct. 1st at 8 a.m. The Volunteer Council is a non-profit organization whose goal is to enhance the lives of the individuals served at CHDC. It is composed of community members who volunteer their time and efforts to meet this goal.

The Volunteer Council has funded many projects on the CHDC campus: the Therapeutic Pool, the Family Visitation Complex, rod-iron fence, metal awning covers around campus (providing important shelter for the individuals, as many of them use wheelchairs), new park playground equipment (which had deteriorated from decades of use) and Christmas gifts for the individuals.

The 2011 Walk-A-Thon goal is set at \$25,000. Money raised from this year's walk will go toward furnishing the new family visitation house.

The 5-K Walk (about 3.1 miles) consists of 2 laps around the Conway Human Development Center campus. Walkers/runners of all ages are invited to participate. Rest stops are located throughout the walk and are manned with refreshments and volunteers who are eager to help in any way they can.

Registration & Participation

- ◆ Fill out the entry form in this flyer and return it to the address listed.
- ◆ Ask sponsors to sign the pledge form in this brochure. If a pledge form isn't with this brochure, Call 329-6851, ext. 319 or 370 after hours call 501- 472-5275. PLEASE DO NOT ASK BUSINESS DONORS LISTED ON THIS FLYER FOR DONATIONS. They have already donated to the event.
- ◆ Sponsors may donate now or pledge to give after the walk is over. Walkers will have until **4:30 p.m. Friday, Oct. 14th** to turn in donations to be eligible to win incentive awards.

Walk Day Registration

- At final walk registration, all walkers need to bring at least one signed **Consent to Walk/Release of Liability Form** (Walkers 17 and younger must have this form signed by a parent or legal guardian).
- All walkers must complete **FINAL PRE-EVENT REGISTRATION from 7 to 7:55 a.m. Saturday, Oct. 1**, at the **CHDC Family Visitation Complex**. In this final registration, walkers will:
 - Receive a walk route map, final safety instructions, etc.
 - Enter the door prize drawing.
 - Turn in a signed Release Of Liability/ Consent To Walk Form (on your sponsor sheet).
 - Declare estimated pledges or turn in funds.
 - Receive a T-shirt, if the walker has raised or pledges to raise \$20. **ONLY ONE T-SHIRT PER WALKER REGARDLESS OF WHAT TOTAL DONATIONS HAVE BEEN COLLECTED OVER \$20 MINIMUM.**
- Walkers may complete PRE-EVENT REGISTRATION before October 1st. To do this, call (501) 329-6851, ext. 370 or ext. 319. If you complete final registration before Oct. 1st, you only have to arrive at the Family Visitation Complex **BEFORE 8 A.M. and walk!**
- After registration is complete, walkers are welcome to free refreshments. Rick Steel with KSSN 96 will be emceeding our event and playing some great tunes for all ages to enjoy.



Awards for Organizations

Pizza Inn will once again sponsor a pizza party for the group raising the most donations!

Groups must raise at least \$500 by the deadline of 4:30 p.m. October 14th to be eligible for the party. Sorry, only members who walk may attend the party.

- ◆ *All participating companies, churches, schools and civic organizations will be recognized.*

RECOGNITION AWARDS for the top three (3) groups with the most walkers will be given during the walk.

We appreciate each and every one of our sponsors for their support

Special Thanks To These Sponsors...

A Very Merry Christmas*Advance Auto*Allison Ford*April Mac's*Appearance Salon*Arkansas Dept. Health Hospice *Arkansas Skatium*Arkansas Symphony *Assoc. Farmers Co-Op*Austin Brothers*Baldknobbers Jamboree*Bank of America*Belk's*Benson Pump*Best Impressions*Bob's Grill *Bonanza*Bosco's*Branson Family Fun*Branson Landing Cruise*Brick Oven*Buffalo Grill West*California Yogurt Company*Centennial Bank*Centennial Valley Country Club*Chick-fil-A* Chicken King*Coleman's Office & School Supply *Conway Chiropractic *Conway Family Bowl*Conway Fire Station *Conway Roller Rink*Conway Tire & Battery*Cross Auto Supply *Crow-Burlingame (Bumper-to-Bumper)*Crowne Plaza Little Rock-Café 201*Delta Trust*Denny's*Dixie Cafe*Dutton Family Theatre*Ed's Bakery *El Penjamo*EM Jeans*Embassy Suites - Hot Springs* Engelkes & Felts*Fast Foto*Ferrell Gas* Firestone Tires* First Financial Bank*Freyaldenhoven Heating & Air* Gary C. Cox, CPA PA*Grand Country Music Hall* Hairworks *Hilcrest Massage *Hog Pen BBQ* Jim Stafford Theatre *JJ's*KFC*Kerr Paper* Kirby Vanburch Theatre* Kordsmeier Elec.*Kroger *Lefler's *Lilley's Landing Resort & Marina*Little Ceasar's *Little Rock Climbing Center*LogCabin *L'Oreal*Maggies Cookies* Maurices *McCallister's *McDonalds* McKinney Tire & Auto*Merle Norman of Morrilton *Mickey Gilley Theater*Mid America Science Museum *Moe's*Molly O'Briens*Moon River Theatre *Morrilton Big Star*Mr. Brake & Lube*Murry's Dinner Playhouse *Nelson Wagon Wheel, Inc.*New China* North Star Consulting *O'Reilly's*Outback Steakhouse *Payton Creek Catfish House*PK's *Professional Fit Clothing *Rally's*Regions Bank* Ristorante Capeo* Rod's Pizza Cellar*RP Power *Shepherd of the Hills *SherwinWilliams *Shorty's (Harkrider)*Silver Dollar City*Simmons Bank *Smith Ford*Smitty's BBQ*Sonic* Starbucks on Hwy 65* Stoby's*Studio M*Subway*The Faded Rose*The Full Moon*The Outlet Store*The Track *Tipton & Hurst *Titanic*Tropical Smoothie*Vilonia Metal Works* Wal-Mart-Cantrell* Wyndham*Ye Olde Daisy Shoppe



Thank you!